



SUICIDE PREVENTION AWARENESS NETWORK INC

Tough times pass

# SUICIDE AWARENESS WALK

## Sunday, March 17, 2024

**Dai Gum San Chinese Precinct, 1-11 Bridge Street, Bendigo**

The Bendigo Suicide Prevention Awareness Network walk on Sunday, March 17 allows people touched by suicide (and those who want to show their support for them) to remember loved ones, friends, work or school mates and to generate more public awareness of the issue of suicide in the Bendigo and Central Victorian communities.

Official SPAN T-shirts, caps, and bandannas for sale on the day.

**10.50am:** Official welcoming ceremony.

**11am:** SPAN Suicide Awareness Walk starts (approximately two kilometres).

**11.45am:** Butterfly Remembrance ceremony.

**Noon:** Free sausage sizzle.

Donations to SPAN enable this community led organisation to have greater impact for those who have experienced suicide, donations can be made on the day or by emailing [admin@spancv.org.au](mailto:admin@spancv.org.au)



 **Lifeline**  
Loddon Mallee

Can you help us?

If you are interested in sponsoring SPAN Central Victoria or have a question about the walk, please email at [admin@spancv.org.au](mailto:admin@spancv.org.au).

Learn more about us at [www.spancv.org.au](http://www.spancv.org.au) or  @SPANcentralvic