



## Cyber safety **FOR PARENTS AND CARERS**

Do you feel ready to help your child

We asked 2387 young people in Bendigo about online safety and this is what we found:

- Young people said "I would like to talk about how to keep safe on the internet" with their parents/carer.
- 45% of young people would seek help from a parent/carer if threatened online.
- Young people want more parent education and awareness about online safety and cyberbullying.

Cyber Safety Project expert Sam Macauley will run this free

navigate the online world?

JOIN OUR ONLINE WEBINAR Tuesday, April 28, 2020. From 7.30pm to 8.30pm online. Register: Cyber Safety Project



## 60-minute webinar to help parents and carers:

- Discover the ins and outs of online and social media platforms such as Instagram, Youtube, Snapchat & TikTok.
- Uncover mobile apps and games that can be potentially harmful.
- Explore ways to foster positive digital experiences for children.
- Discuss ways to manage digital wellbeing for children at home.

## Want to know more?

Contact our Health Promotion team member Siobhan Sullivan at SiobhanSullivan@bchs.com.au or call 5406 1200.

You Tube

in

ACN: 136 467 715

## Connect with us: www.bchs.com.au