How To **Pray** Workshop Day

Organised by **the** Sandhurst Youth Ministry at St Joseph's Church, Axe Creek on Saturday 21 st September 10am-7pm

> Sometimes all it takes is just one prayer to **change** everything...

Catholic traditions has many meaningful ways to pray, some more common than others. Sandhurst **Youth** Ministry invite all those between 15 and 35 to join them for a day of prayer and reflection. The day will feature opportunities to experience new and old **styles** of prayer, Mass will be held at the end of the workshop, WORKSHOP

eveyone welcome.

R.S.V.P. Ruth - 0458 585 200 or youth@sandhurst.catholic.org.au

HOW PRAY