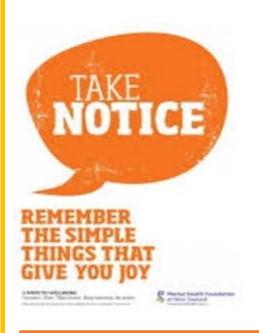
Join in the activities and raise awareness of the...

MENTAL HEALTH WEEK Student Activities:

Catherine McAuley College is celebrating Mental Health Week 2018

Monday 10th September – Friday 14th September Coolock

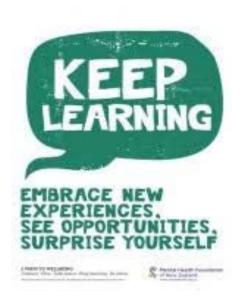
FIVE WAYS TO WELLBEING











MONDAY:

Take Notice

BeyondBlue Wrist Bands for all students

Guess Who? – in library

TUESDAY Give

BBQ Fundraiser for Mercy Works outside Food Tech Room.

Guess Who? - in library

WEDNESDAY

Be Active

Staff vs Student netball match - lunchtime in gym

Guess Who? - in library

THURSDAY

Connect

R U OK? Day

Wear a touch of yellow with your uniform.

Guess Who? - in library

FRIDAY:

Keep Learning

Kahoot! Quiz in the library. Prizes to be won!

Guess Who? - in library